

天人館
(Tenjinkan 10th Kyu)

(REI-HO)

1. (RITSU REI)

1. a) SHIZEN REI

1. b) TENRYAKU UCHU GASSHO REI

1. c) FUTEN GOSHIN GASSHO REI

1. d) HANNO BONITSU GASSHO REI

2. (ZA REI)

1. a) SEIZA REI

1. b) FUDOZA REI

1. c) JINCHU REI

1. d) SHINZEN REI NO KOTODAMA

2. SHI REI

3. DOJO REI

3. UKEMI GATA

1. ZENPO KAITEN

2. KOHO KAITEN

3. SOKUHO KAITEN

4. TACHI NAGARE

5. YOKO NAGARE

6. JUN NAGARE

7. GYAKU NAGARE

8. ZENPO UKEMI

9. OTEN YOKO KUTEN

10. ZENPO TENKAI

11. KOHO TENKAI

12. HAPPO TENCHI TOBI

13. TOBIORI

14. TOBIKOMI

15. SHOTEN